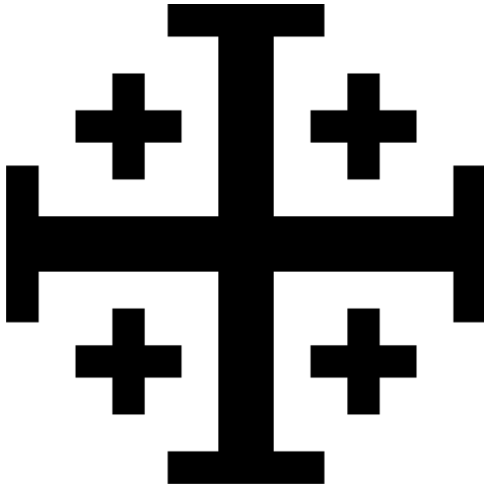


# THE DAILY OFFICE

MORNING & EVENING  
PRAYER



## HOW TO USE THIS BOOKLET:

(For further instructions, go to [anglicancompass.com/dailyofficebooklet](http://anglicancompass.com/dailyofficebooklet))

Join believers around the world and throughout history by beginning and ending each day with Bible reading and prayer.

- Take out this booklet and a Bible.
- Pray through the prayers and read the Scriptures.
- Take your time! Even if you *don't feel like* praying, trust that God will honor this sacrifice of your time.
- If you can, pray and read with others.
  - \*Sections marked with an ***asterisk*** are to be said/read by a leader. Otherwise, say the texts in unison.
  - If praying alone, no worries! Simply substitute “I” for “we” (and “me” for “us,” etc.) throughout the prayers.

## REGARDING THE SCRIPTURE LESSONS:

(*The ACNA Daily Office Lectionary*)

- If you want, you can use this lectionary in a 2-year cycle.
  - In odd-numbered years, use the 2 readings for Morning Prayer each day (divided between Morning and Evening Prayer, if you're praying twice).
  - In even-numbered years, use the 2 readings for Evening Prayer.
- Readings from the Apocrypha are in italics. You can replace them with a different lesson for the day if you'd like.
- The † symbol, when it appears in the lectionary, indicates a way to shorten that reading if desired.

## RUSHED FOR TIME? DO THE UNDERLINED HEADINGS

- Confess Your Sins
- Ask for Pardon & Peace
- Read Today's Lessons
- Recite the Apostles' Creed
- Pray the Lord's Prayer
- Pray Today's Collect
- Pray the Grace

## REGARDING THE PSALTER:

A 60-day rotation of Psalms is included with the other readings. If you'd like to read through the Psalms every month, use the following:

DATE	MORNING PRAYER	EVENING PRAYER
1	1, 2, 3, 4, 5	6, 7, 8
2	9, 10, 11	12, 13, 14
3	15, 16, 17	18
4	19, 20, 21	22, 23
5	24, 25, 26	27, 28, 29
6	30, 31	32, 33, 34
7	35, 36	37
8	38, 39, 40	41, 42, 43
9	44, 45, 46	47, 48, 49
10	50, 51, 52	53, 54, 55
11	56, 57, 58	59, 60, 61
12	62, 63, 64	65, 66, 67
13	68	69, 70
14	71, 72	73, 74
15	75, 76, 77	78
16	79, 80, 81	82, 83, 84, 85
17	86, 87, 88	89
18	90, 91, 92	93, 94
19	95, 96, 97	98, 99, 100, 101
20	102, 103	104
21	105	106
22	107	108, 109
23	110, 111, 112, 113	114, 115
24	116, 117, 118	119:1-32
25	119:33-72	119:73-104
26	119:105-144	119:145-176
27	120, 121, 122, 123, 124, 125	126, 127, 128, 129, 130, 131
28	132, 133, 134, 135	136, 137, 138
29	139, 140	141, 142, 143
30	144, 145, 146	147, 148, 149, 150
<i>If there is a 31st day of the month, psalms are chosen from among the Psalms of Ascent (Psalms 120 to 134).</i>		

**May the Lord bless you in your use of this booklet!**

The Rev. Joshua P. Steele  
Managing Editor of Anglican Compass



**\*Opening**  
**Meditate on One of These Verses:**

**In the MORNING:**

Grace to you and peace from God our Father and the Lord Jesus Christ.

*Philippians 1:2*

I was glad when they said unto me, “We will go into the house of the LORD.”

*Psalms 122:1*

Let the words of my mouth and the meditation of my heart be always acceptable in your sight, O LORD, my rock and my redeemer.

*Psalms 19:14*

**In the EVENING:**

Jesus spoke to them, saying, “I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life.”

*John 8:12*

LORD, I have loved the habitation of your house and the place where your honor dwells.

*Psalms 26:8*

Let my prayer be set forth in your sight as incense, and let the lifting up of my hands be an evening sacrifice.

*Psalms 141:2*

*\*When praying with a group, a leader should say/read the sections marked with an asterisk. Otherwise, say the texts in unison.*

## **Confess Your Sins:**

Almighty and most merciful Father,  
we have erred and strayed from your ways  
like lost sheep.  
We have followed too much  
the devices and desires of our own hearts.  
We have offended against your holy laws.  
We have left undone those things  
which we ought to have done,  
and we have done those things  
which we ought not to have done;  
and apart from your grace, there is no health in us.

O Lord, have mercy upon us.  
Spare all those who confess their faults.  
Restore all those who are penitent,  
according to your promises  
declared to all people in Christ Jesus our Lord;  
And grant, O most merciful Father, for his sake,  
that we may now live a godly, righteous, and sober life,  
to the glory of your holy Name.  
Amen.

## **\*Ask for Pardon & Peace:**

Grant to your faithful people, merciful Lord,  
pardon and peace;  
that we may be cleansed from all our sins,  
and serve you with a quiet mind;  
through Jesus Christ our Lord.  
*Amen.*

**Recite this Invitation to Prayer & Praise:**  
(The Invitatory)

*If praying with a group, pray these responsively,  
the leader reading the first line.*

O Lord, open our lips;  
**And our mouth shall proclaim your praise.**

O God, make speed to save us;  
**O Lord, make haste to help us.**

Glory be to the Father, and to the Son,  
and to the Holy Spirit  
**As it was in the beginning, is now,  
and ever shall be, world without end. Amen.**

Praise the Lord.  
**The Lord's Name be praised.**

## In the MORNING:

### Recite the *Venite*:

(Ps. 95:1-7, 8-11)

O come, let us sing unto the LORD; \*  
let us heartily rejoice in the strength of our salvation.  
Let us come before his presence with thanksgiving \*  
and show ourselves glad in him with psalms.  
For the LORD is a great God \*  
and a great King above all gods.  
In his hand are all the depths of the earth \*  
and the heights of the hills are his also.  
The sea is his, for he made it, \*  
and his hands prepared the dry land.  
O come, let us worship and fall down, \*  
and kneel before the LORD our Maker.  
For he is our God, \*  
and we are the people of his pasture,  
and the sheep of his hand.

*In Lent, and on other penitential occasions,  
the following verses are added.*

Today, if you will hear his voice, harden not your hearts \*  
as in the provocation,  
and as in the day of temptation in the wilderness.  
When your fathers tested me, \*  
and put me to the proof,  
though they had seen my works.  
Forty years long was I grieved with this generation,  
and said, \*  
“It is a people that err in their hearts,  
for they have not known my ways,”  
Of whom I swore in my wrath \*  
that they should not enter into my rest.



**In the EVENING:**

**Recite the *Phos hilaron*:**

O gladsome light,  
pure brightness of the everliving Father in heaven, \*

O Jesus Christ, holy and blessed!

Now as we come to the setting of the sun,  
and our eyes behold the vesper light, \*

we sing your praises, O God:

Father, Son, and Holy Spirit.

You are worthy at all times to be praised by happy voices, \*

O Son of God, O Giver of Life,

and to be glorified through all the worlds.

## \*Read Today's Lessons

<b>(I): Morning Prayer</b>			
<b>Date</b>	<b>Psalm</b>	<b>1st Lesson</b>	<b>2nd Lesson</b>
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† *Optional abbreviation*

## \*Read Today's Lessons

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## \*Read Today's Lessons

(II): Evening Prayer			
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† *Optional abbreviation*

## In the MORNING:

### Recite the *Benedictus*:

(Lk. 1:68-79)

Blessed be the Lord, the God of Israel; \*  
    he has come to his people and set them free.  
He has raised up for us a mighty savior, \*  
    born of the house of his servant David.  
Through his holy prophets he promised of old,  
    that he would save us from our enemies, \*  
    from the hands of all who hate us.  
He promised to show mercy to our fathers \*  
    and to remember his holy covenant.  
This was the oath he swore to our father Abraham, \*  
    to set us free from the hands of our enemies,  
Free to worship him without fear, \*  
    holy and righteous in his sight  
    all the days of our life.  
You, my child, shall be called  
    the prophet of the Most High, \*  
    for you will go before the Lord to prepare his way,  
To give his people knowledge of salvation \*  
    by the forgiveness of their sins.  
In the tender compassion of our God \*  
    the dawn from on high shall break upon us,  
To shine on those who dwell in darkness  
    and in the shadow of death, \*  
    and to guide our feet into the way of peace.

Glory be to the Father, and to the Son, and to the Holy Spirit; \*  
    as it was in the beginning, is now, and ever shall be,  
    world without end. Amen.

## In the EVENING:

### Recite the *Magnificat*:

(Lk. 1:46-55)

My soul magnifies the Lord, \*  
and my spirit rejoices in God my Savior;  
For he has regarded \*  
the lowliness of his handmaiden.  
For behold, from now on, \*  
all generations will call me blessed;  
For he that is mighty has magnified me, \*  
and holy is his Name.  
And his mercy is on those who fear him, \*  
throughout all generations.  
He has shown the strength of his arm; \*  
he has scattered the proud in the imagination of their hearts.  
He has brought down the mighty from their thrones, \*  
and has exalted the humble and meek.  
He has filled the hungry with good things, \*  
and the rich he has sent empty away.  
He, remembering his mercy, has helped his servant Israel, \*  
as he promised to our fathers, Abraham and his seed for ever.

Glory be to the Father, and to the Son, and to the Holy Spirit; \*  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

## Recite the Apostles' Creed:

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

## Pray the Lord's Prayer:

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

**Pray these Petitions:**  
(The Suffrages)

*If praying with a group, pray these responsively,  
the leader reading the first line.*

O Lord, show your mercy upon us;  
**And grant us your salvation.**

O Lord, guide those who govern us;  
**And lead us in the way of justice and truth.**

Clothe your ministers with righteousness;  
**And let your people sing with joy.**

O Lord, save your people;  
**And bless your inheritance.**

Give peace in our time, O Lord;  
**And defend us by your mighty power.**

Let not the needy, O Lord, be forgotten;  
**Nor the hope of the poor be taken away.**

Create in us clean hearts, O God;  
**And take not your Holy Spirit from us.**

**\*Pray Today's Collect**

**\*Pray Today's Collect**



**\*Pray Today's Collect**

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**\*Pray Today's Collect**

## **\*Collects for Peace, Grace, and Protection**

### **\*In the MORNING:**

#### **Pray for Peace & Grace:**

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries, through the might of Jesus Christ our Lord. *Amen.*

O Lord, our heavenly Father, almighty and everlasting God, you have brought us safely to the beginning of this day: Defend us by your mighty power, that we may not fall into sin nor run into any danger; and that guided by your Spirit, we may do what is righteous in your sight; through Jesus Christ our Lord. *Amen.*

### **\*In the EVENING:**

#### **Pray for Peace & Protection:**

O God, the source of all holy desires, all good counsels, and all just works: Give to your servants that peace which the world cannot give, that our hearts may be set to obey your commandments, and that we, being defended from the fear of our enemies, may pass our time in rest and quietness, through the merits of Jesus Christ our Savior. *Amen.*

Lighten our darkness, we beseech you, O Lord; and by your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Savior Jesus Christ. *Amen.*

## **\*Collects for Mission**

### **\*In the MORNING, pray one of the following:**

Almighty and everlasting God, who alone works great marvels: Send down upon our clergy and the congregations committed to their charge the life-giving Spirit of your grace, shower them with the continual dew of your blessing, and ignite in them a zealous love of your Gospel; through Jesus Christ our Lord. *Amen.*

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. *Amen.*

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the Cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen.*

### **\*In the EVENING, pray one of the following:**

O God and Father of all, whom the whole heavens adore: Let the whole earth also worship you, all nations obey you, all tongues confess and bless you, and men, women, and children everywhere love you and serve you in peace; through Jesus Christ our Lord. *Amen.*

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. *Amen.*

O God, you manifest in your servants the signs of your presence: Send forth upon us the Spirit of love, that in companionship with one another your abounding grace may increase among us; through Jesus Christ our Lord. *Amen.*



**Offer Petitions, Intercessions, & Thanksgivings:**

- **Petitions:** Requests for Yourself
- **Intercessions:** Requests for Others
  - For the Church, both Global and Local
  - For the World
  - For the Nation & Government
  - For Nature/Creation
  - For Society, esp. the Oppressed & Suffering
  - For Family
  - For Friends
  - For Enemies
- **Thanksgivings:** Gratitude to God

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**Give Thanks to God:**  
(The General Thanksgiving)

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made.

We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

**\*Ask God to Answer Your Prayers:**  
(A Prayer of St. John Chrysostom)

Almighty God, you have given us grace at this time, with one accord to make our common supplications to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will grant their requests:

Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

**Conclusion**  
**Pray the Grace:**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with us all evermore.

Amen.



# ANGLICAN COMPASS

Your Guide to Anglican Life

**We help you grow closer to Jesus  
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**To find out more, go to  
[anglicancompass.com](http://anglicancompass.com)**

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